

Listen to
the images...

for a healthier and wiser
communication mission.






Communication ការគ្រប់គ្រង

Questions for personal or group reflection:

1. Looking at the image what do you see?
2. What are you more passionate about in your communication mission?
3. What do you find more challenging?

communication mission

The background of the slide is a large, dense grid of many small, square portraits of people from various ethnicities and ages. The portraits are arranged in a perspective that makes the grid appear to recede into the distance. Overlaid on this grid is the text 'communication mission' in a large, white, stylized font with a black outline. The text is positioned diagonally across the middle of the image.



Communicating in a cordial manner means that those who read or listen to us are led to welcome our participation in the joys, fears, hopes and suffering of the women and men of our time.

(2023 World Day of Social Communications - Pope Francis)

A spiral-bound notebook is open, showing a page with the text "Burn out?" written in a blue, sans-serif font. The notebook is surrounded by several crumpled pieces of white paper with blue horizontal lines, suggesting discarded drafts or ideas. The background is a light, textured surface.


Burn out?

Questions for personal or group reflection:

1. Looking at the image what strikes you?
2. What makes you feel anxious and stressed in your mission?
3. How could you reach a greater inner balance in your mission?

Burn out?

The image features a spiral-bound notebook in the foreground, with the words "Burn out?" written in a large, light blue, sans-serif font across its pages. The notebook is surrounded by several pieces of crumpled white paper, suggesting a process of discarding or reworking ideas. The background is a soft, out-of-focus light brown color.



Sometimes friendly
conversations can open a
breach even in the most
hardened of hearts...

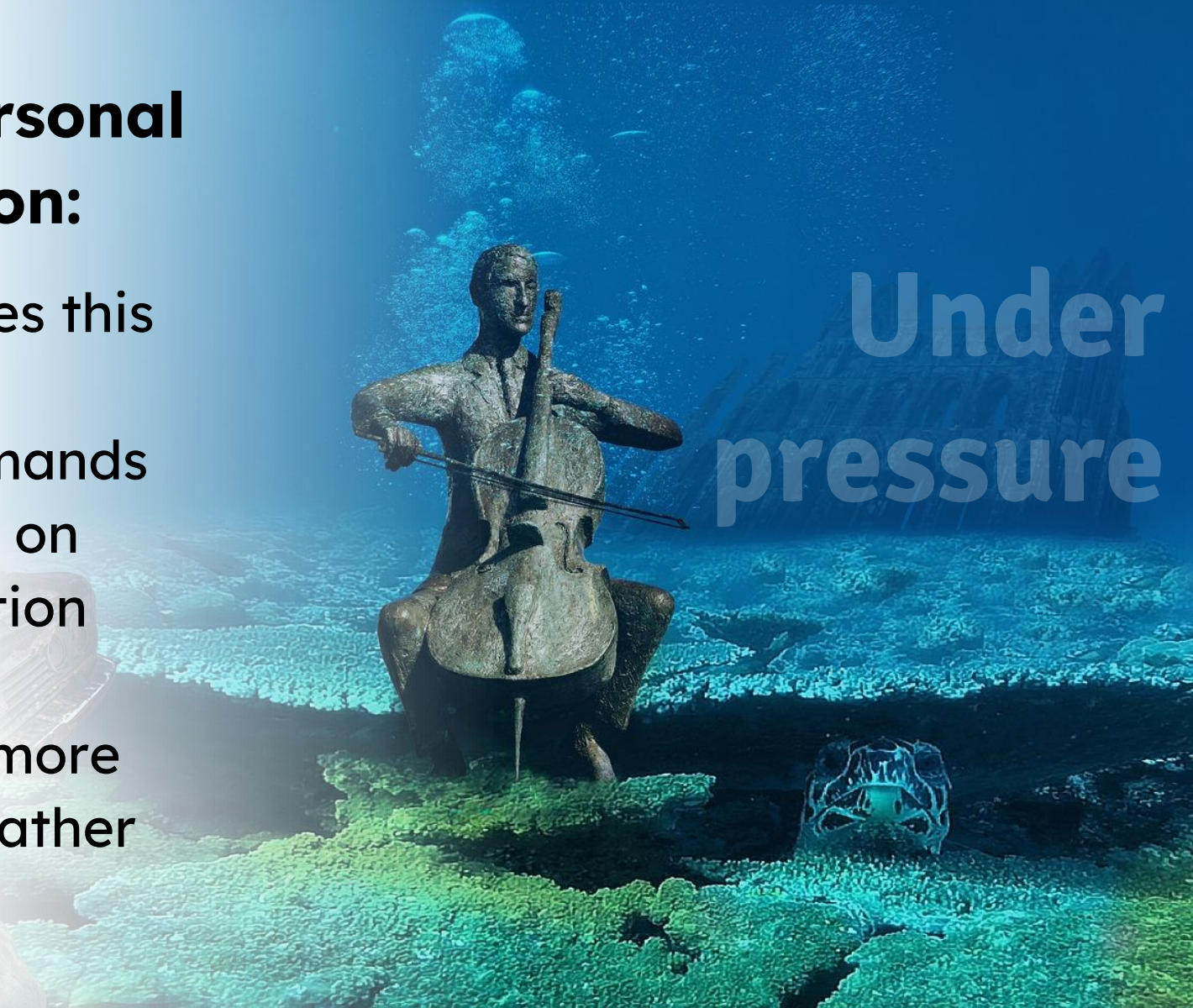
(2023 World Day of Social
Communications - Pope Francis)

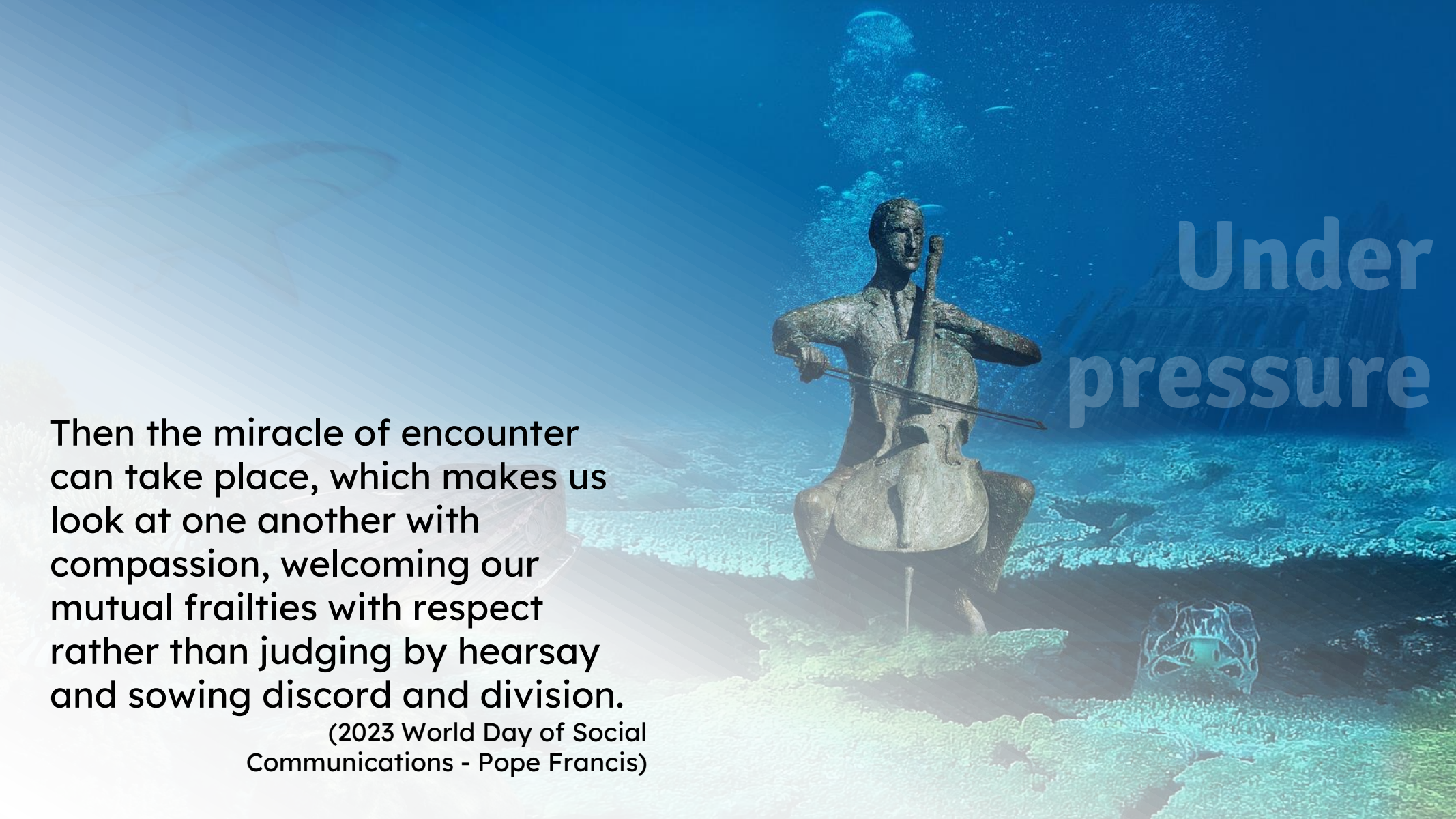


Under
pressure

Questions for personal or group reflection:

1. What insights does this image give you?
2. What are the demands that put pressure on your communication mission?
3. How can you be more able to respond rather than react?



A bronze statue of a man playing a cello is the central focus, set against a deep blue underwater background. Bubbles rise from the top of the frame, and a sea turtle is visible in the lower right. The overall scene is dimly lit, with light filtering through the water.

Then the miracle of encounter
can take place, which makes us
look at one another with
compassion, welcoming our
mutual frailties with respect
rather than judging by hearsay
and sowing discord and division.

(2023 World Day of Social
Communications - Pope Francis)

Under
pressure



focus

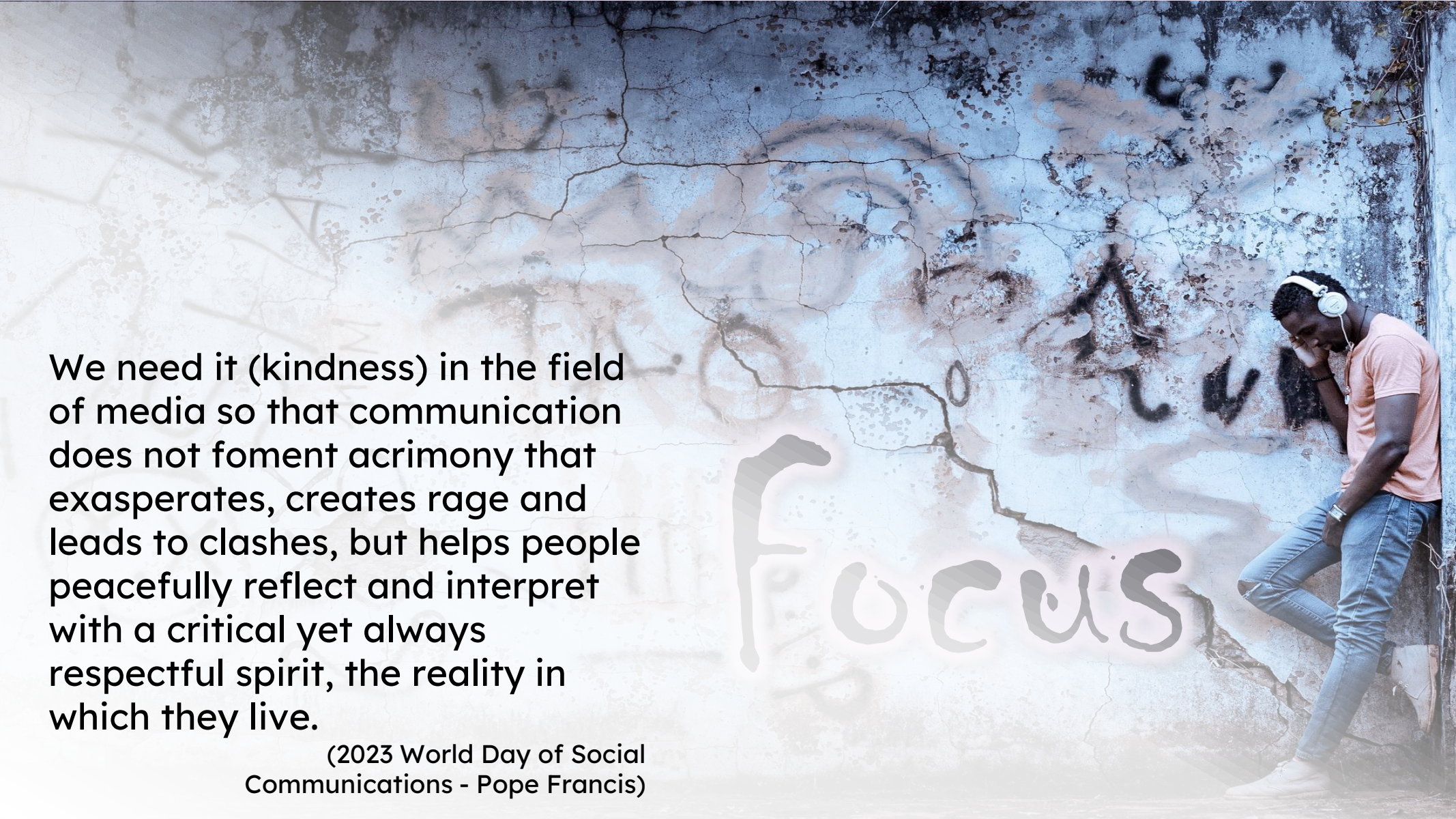
Questions for personal or group reflection:

1. What do you perceive in this image?
2. How are communication and information technologies leading you astray from your task and mission?
3. What helps you to be focused in the present moment?



The word "FOCUS" is written in large, black, stylized letters with a pinkish glow, positioned in the lower center of the image. The background features a man in a peach shirt and blue jeans leaning against a cracked wall with graffiti, wearing headphones and looking thoughtful.

FOCUS

A man in a peach-colored t-shirt and blue jeans is leaning against a weathered, cracked wall. He is wearing white headphones and has his hand to his ear, appearing to be listening intently. The wall behind him is covered in graffiti, including a large, stylized face and the word 'FOCUS' in a large, white, sans-serif font. The overall scene is set in an urban environment with a gritty, textured background.

We need it (kindness) in the field of media so that communication does not foment acrimony that exasperates, creates rage and leads to clashes, but helps people peacefully reflect and interpret with a critical yet always respectful spirit, the reality in which they live.

(2023 World Day of Social Communications - Pope Francis)



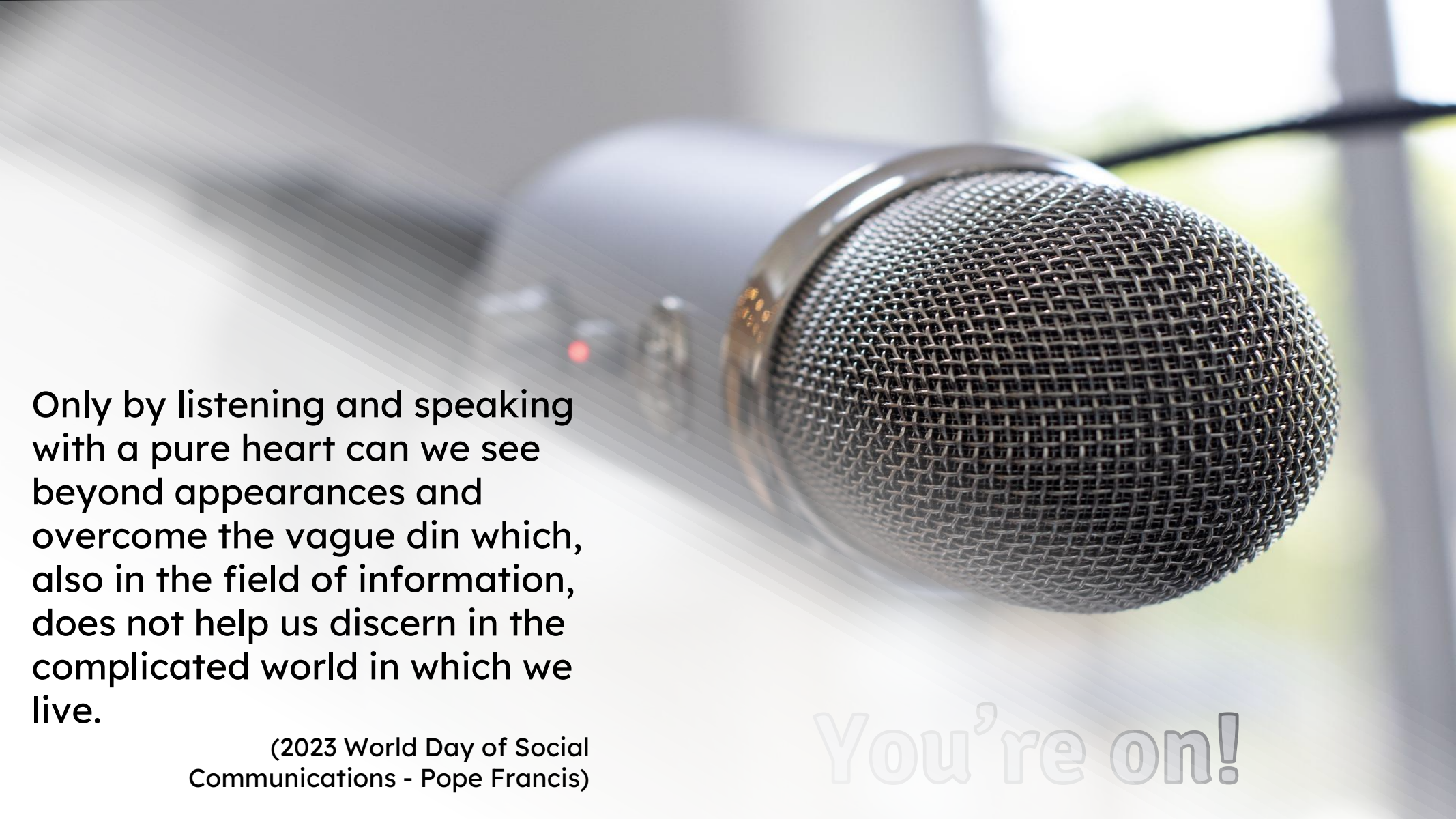
You're on!

Questions for personal or group reflection:

1. What strikes you as you contemplate this image?
2. How does your communication prevent you from deeply listening to yourself and others?
3. In which way can you listen deeply to communicate better?

You're on!





Only by listening and speaking
with a pure heart can we see
beyond appearances and
overcome the vague din which,
also in the field of information,
does not help us discern in the
complicated world in which we
live.

(2023 World Day of Social
Communications - Pope Francis)

You're on!

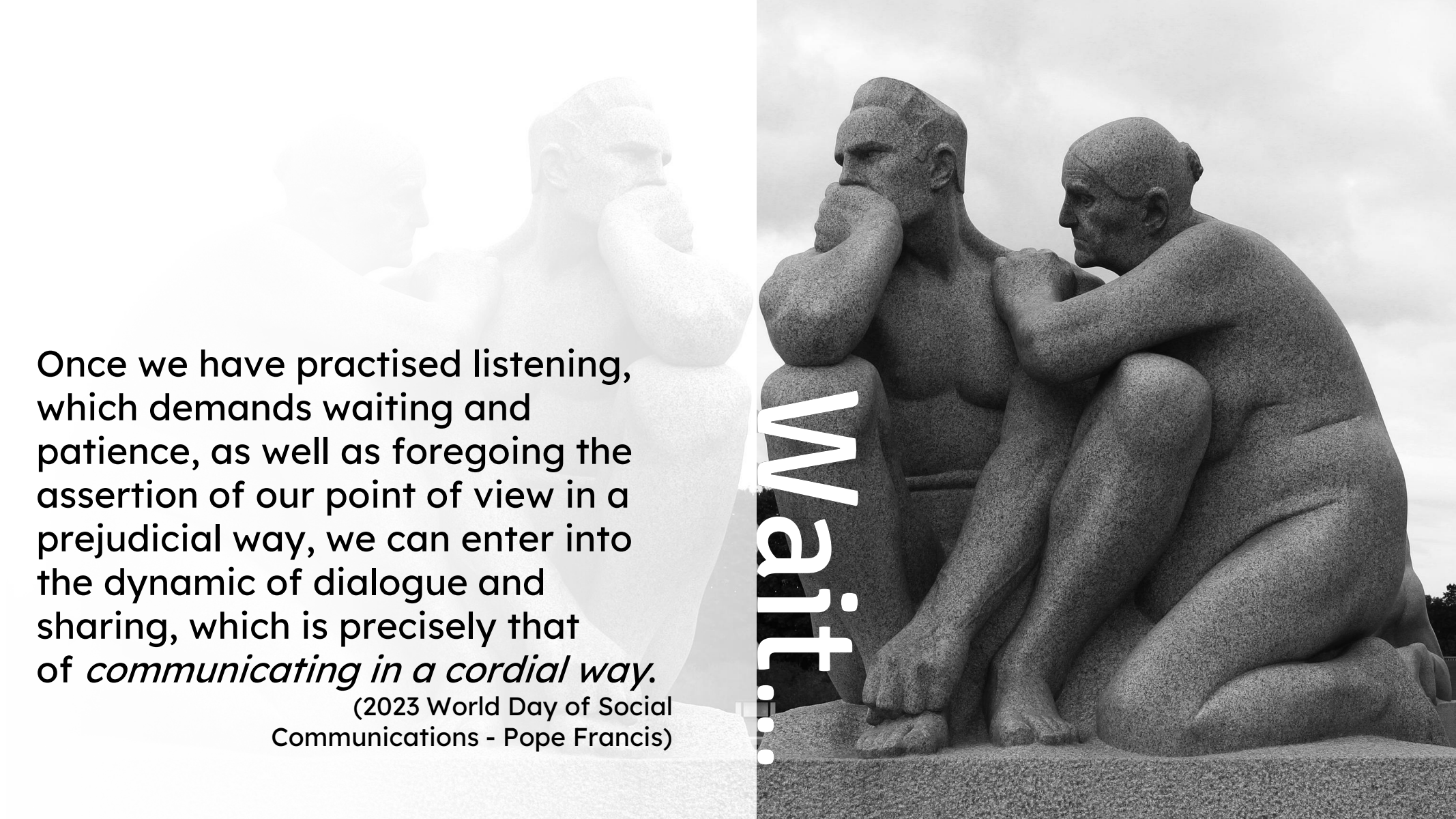


Waiting...

Questions for personal or group reflection:

1. What do you see in this image?
2. Communication today demands a very high pace. How does that affect you?
3. How can patience and waiting help your communication mission?





Once we have practised listening,
which demands waiting and
patience, as well as foregoing the
assertion of our point of view in a
prejudicial way, we can enter into
the dynamic of dialogue and
sharing, which is precisely that
of *communicating in a cordial way*.

(2023 World Day of Social
Communications - Pope Francis)

Wait...

UNSPOKEN



Questions for personal or group reflection:

UNSPOKEN

1. What calls your attention in this image?
2. What are the noises that cancel out your ability to listen?
3. How can you train your heart to listen to the unspoken realities?





UNSPOKEN

After listening to the other with a pure heart, we will also be able to speak *following the truth in love* (cf. *Eph 4:15*).

(2023 World Day of Social Communications - Pope Francis)

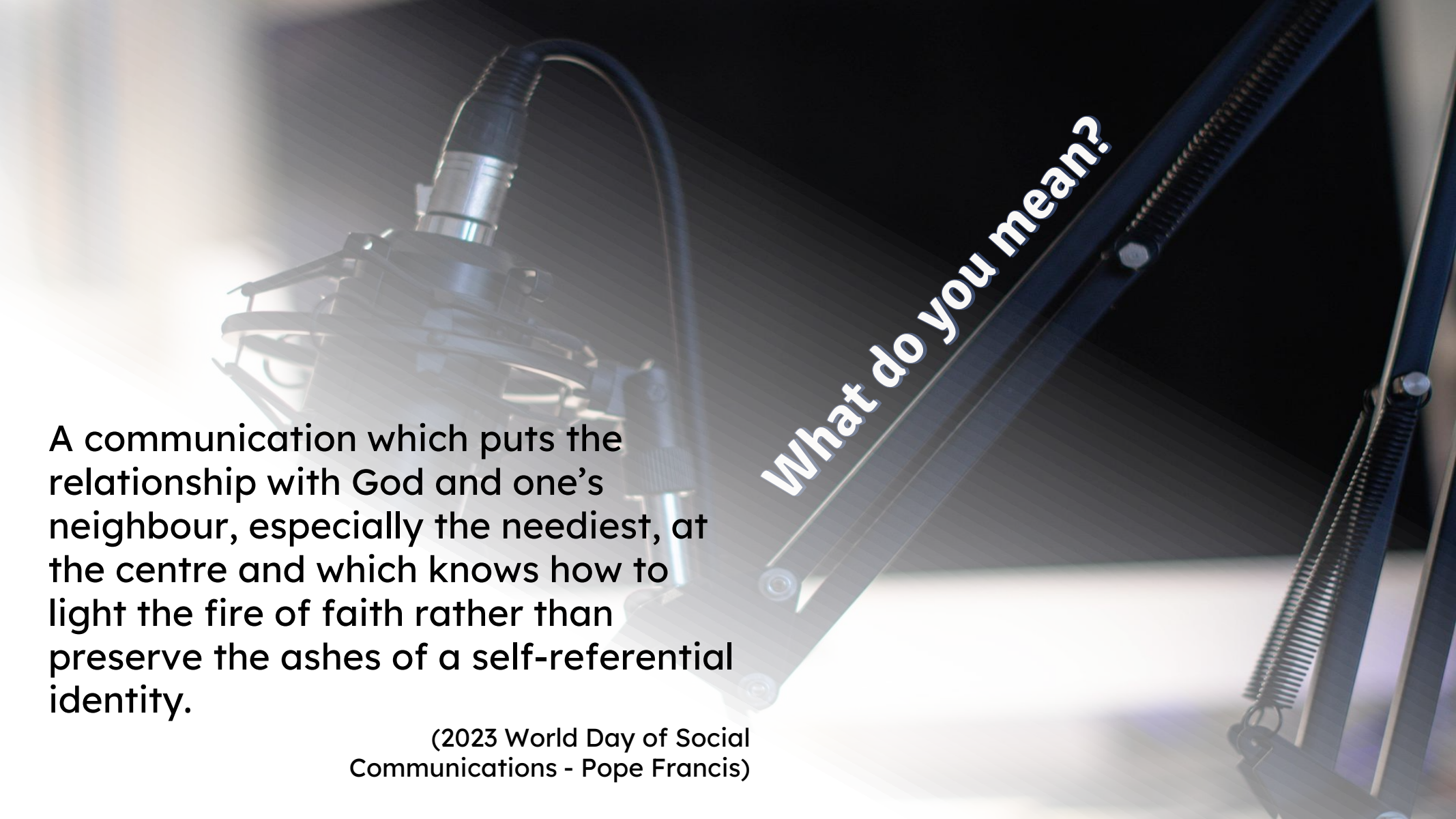


What do you mean?

Questions for personal or group reflection:

1. What stands out to you about this image?
2. How do you relate with other offices and sisters in the congregation?
3. How can your communication create more communion?

What do you mean?

A professional broadcast microphone is mounted on a boom arm. The microphone is silver and black, with a mesh grille. The boom arm is black and has the text "What do you mean?" written on it in white, slanted font. The background is dark and out of focus, with some light flares.

A communication which puts the relationship with God and one's neighbour, especially the neediest, at the centre and which knows how to light the fire of faith rather than preserve the ashes of a self-referential identity.

(2023 World Day of Social Communications - Pope Francis)

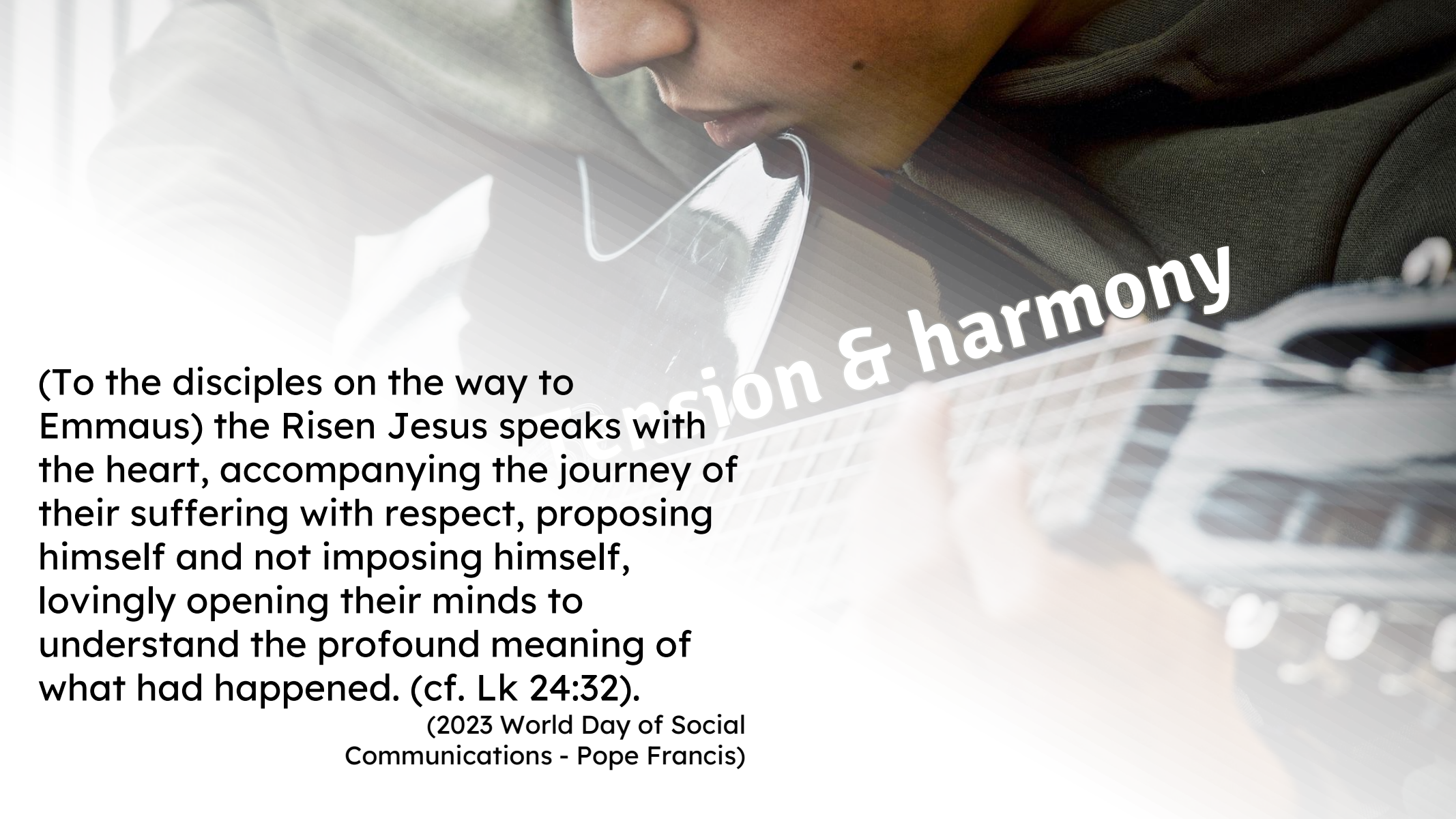


Tension & harmony

A close-up photograph of a person's hands playing a guitar. The person is wearing a dark shirt and a white shirt. The guitar is a light-colored acoustic guitar. The text "Tension & harmony" is overlaid on the image in a white, sans-serif font, positioned diagonally across the guitar's body. The background is blurred, showing what appears to be a keyboard instrument.

Questions for personal or group reflection:

1. Looking at the image what do you perceive?
2. Communication can foster harmony & tension. In which way do you sense that in your life?
3. How can you create harmony through your communication in the midst of the tensions?



(To the disciples on the way to Emmaus) the Risen Jesus speaks with the heart, accompanying the journey of their suffering with respect, proposing himself and not imposing himself, lovingly opening their minds to understand the profound meaning of what had happened. (cf. Lk 24:32).

(2023 World Day of Social Communications - Pope Francis)

Synchronization



Questions for personal or group reflection:

1. Looking at the image, what stands out for you?
2. Communication is always teamwork. What do you find most challenging at the moment in your team?
3. What would your team need to improve internal communication?





Synchronization

Communicating heart to heart.

“In order to speak well, it is enough
to love well”.

(2023 World Day of Social
Communications - Pope Francis)

Lost
connection



Questions for personal or group reflection:

1. What strikes you from this image?
2. What are the things that disrupt communication in you and around you?
3. With whom is God calling you to reestablish communication?

Lost
connection



As Christians, we know that the destiny of peace is decided by conversion of hearts, since the virus of war comes from within the human heart.

(2023 World Day of Social Communications - Pope Francis)

Lost
connection





Sound of Silence

Questions for personal or group reflection:

1. As you contemplate this image what does it awaken in you?
2. Does the sound of silence make part of your communication?
3. How can you enhance your communication creating silence for you and others?



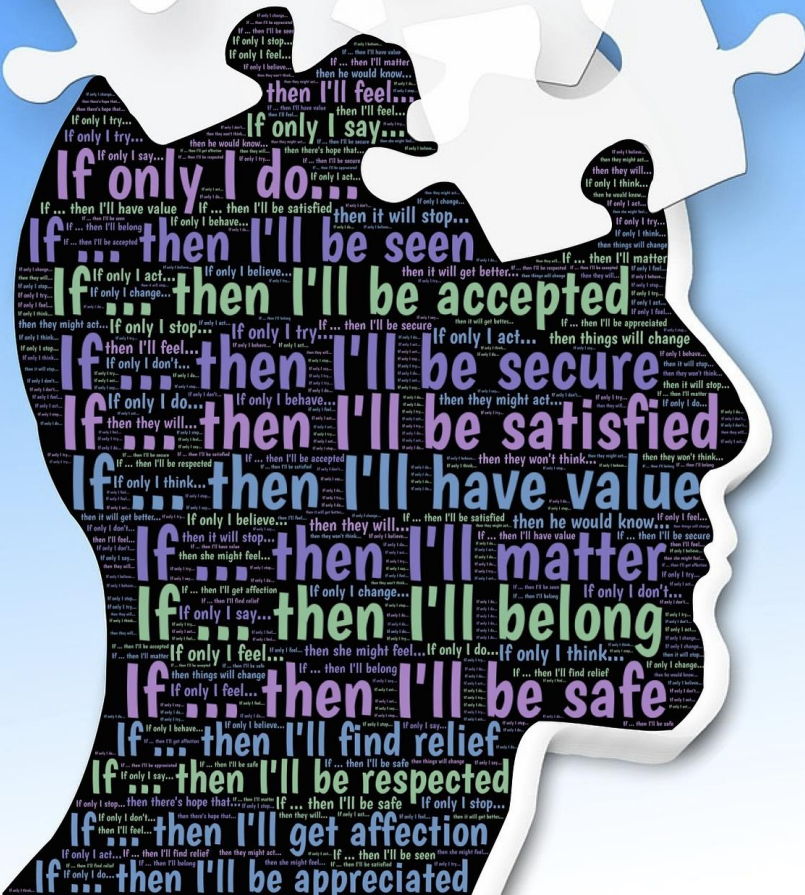
Sound of Silence

A heart that reveals the truth of our being with its beat and that, for this reason, should be listened to. This leads those who listen to attune themselves to the same wave length, to the point of being able to hear within their heart also the heartbeat of the other.

(2023 World Day of Social Communications - Pope Francis)



nd of Silence

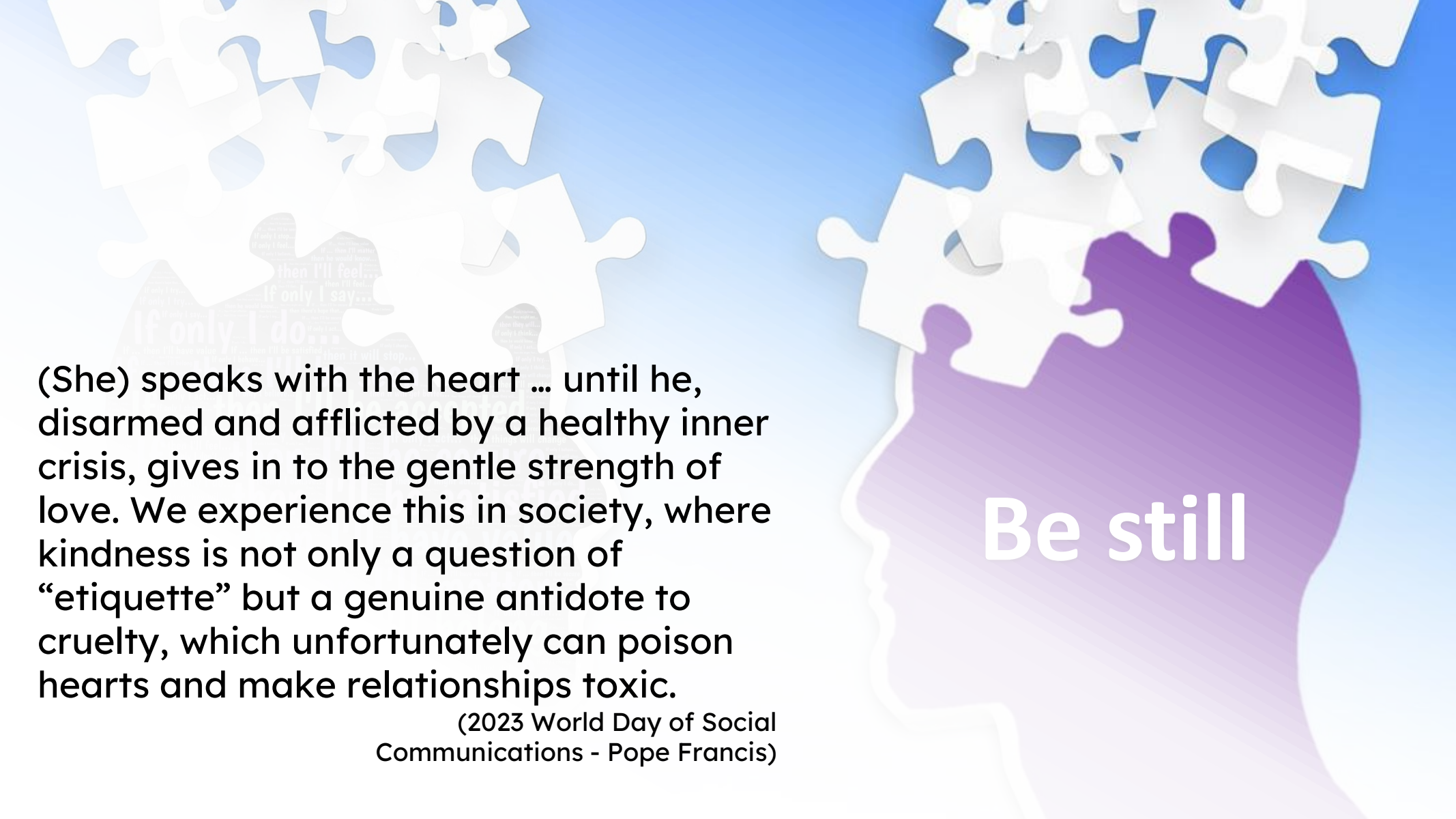


Questions for personal or group reflection:

1. What do you perceive in this image?
2. What are the negative inner voices with whom you battle in your communication?
3. How can you allow the inner voice of love to be stronger in you and in your communication?



Be still



(She) speaks with the heart ... until he, disarmed and afflicted by a healthy inner crisis, gives in to the gentle strength of love. We experience this in society, where kindness is not only a question of “etiquette” but a genuine antidote to cruelty, which unfortunately can poison hearts and make relationships toxic.

(2023 World Day of Social Communications - Pope Francis)

PLAY/PAUSE



REPEAT

Questions for personal or group reflection:

1. What does this image say to you?
2. What are the challenges you face in discerning when, what and how to communicate?
3. What are the steps of discernment your communication needs to take?



PLAY/PAUSE

“We are what we communicate”. This goes against the grain today, at a time when — as we experience especially on social media — communication is often exploited so that the world may see us as we would like to be and not as we are.

(2023 World Day of Social
Communications - Pope Francis)




**Tell
your
story**

Questions for personal or group reflection:

1. What does this image suggest to you?
2. What are the sources of your communication?
3. How do you share your own experience and story through your communication?

**Tell
your
story**



A photograph of two children sitting outdoors in a grassy field. The child in the foreground is wearing a blue hat and a blue shirt, and is reading an open book. The child in the background is wearing an orange hat and is looking towards the first child. The background shows trees and a clear sky.

Communication should never be reduced to something artificial, to a marketing strategy, as we might say nowadays, but is rather a reflection of the soul, the visible surface of a nucleus of love that is invisible to the eye.

(2023 World Day of Social Communications - Pope Francis)

**Tell
your
story**

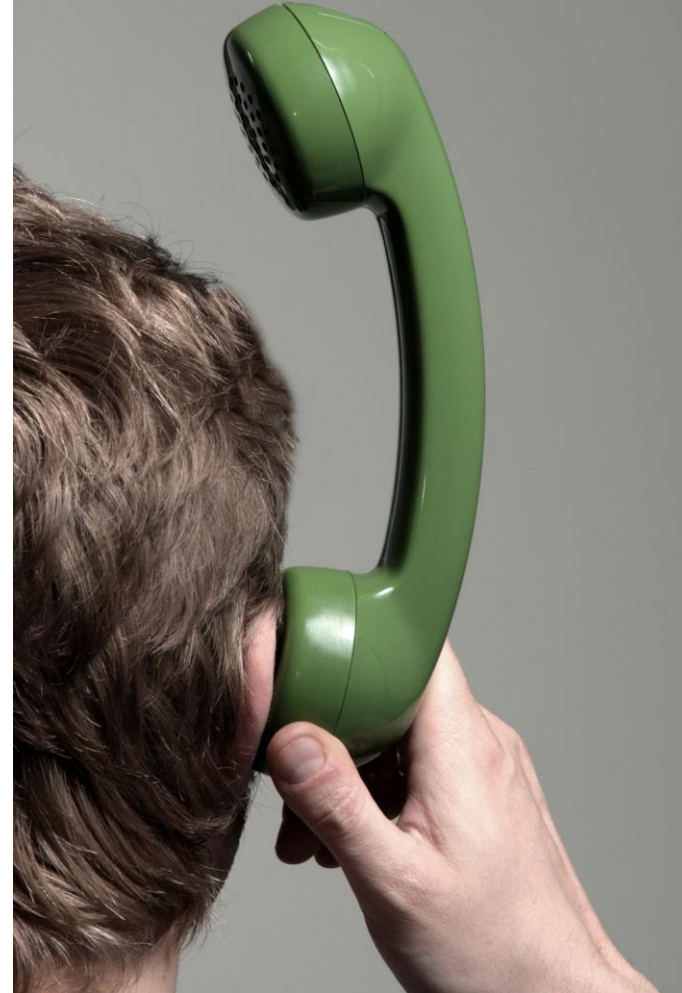
Upside down



Upside down

Questions for personal or group reflection:

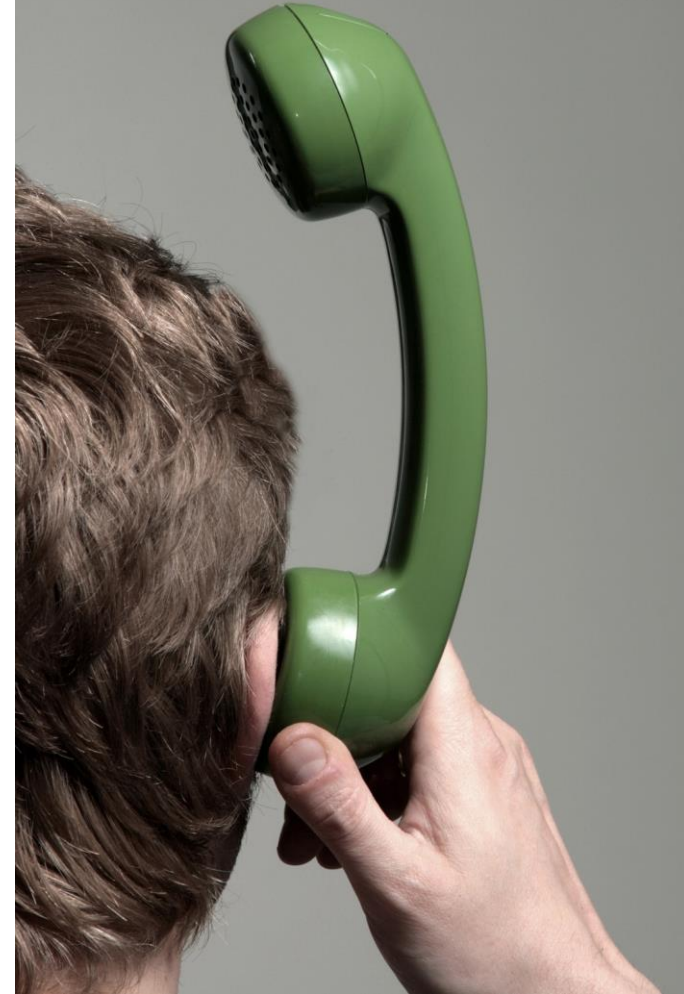
1. What calls your attention in this image?
2. How do you creatively seek new forms of communication?
3. In which way is God calling you to turn wrong practices upside down?



Upside down

May the Lord Jesus, the pure Word poured out from the heart of the Father, help us to make our communication clear, open and heartfelt.

(2023 World Day of Social Communications - Pope Francis)





Choices

Questions for personal or group reflection:

1. What does the image suggest to you?
2. Communication is made of many difficult choices. Name some hard choices you made lately regarding communication.
3. Why were those choices difficult? What would you have done differently?



Choices

May the Lord Jesus, the Word made flesh, help us listen to the beating of hearts, rediscover ourselves as brothers and sisters, and disarm the hostility that divides us.

(2023 World Day of Social Communications - Pope Francis)



Choices

Unplugged



Unplugged



Questions for personal or group reflection:

1. Looking at this image what stands out for you?
2. Communication needs us to be plugged in but also to unplug. How can you have a healthy balance between plugging in and unplugging?

Unplugged



May the Lord Jesus, the Word of truth and love, help us speak the truth in charity, so that we may feel like protectors of one another.

(2023 World Day of Social Communications - Pope Francis)